

GIDDY UP GAMBIT

Monthly Newsletter: Oct. 2020

P#: 985-260-5060 || 82292 LA-25 Folsom



October Calendar

Sun	Mon	Tue	We	Thu	Fri	Sat
27	28 ➡	29	30	1	2 ➡	3
4	5 ➡	6	7	8	9	10
11	12 ➡	13	14	15 ➡	16	17 ➡
18	19 ➡	20	21	22	23	24
25 ➡	26 ➡	27	28	29	30	31

Keep pace by going to our website or social media to find out more. Events are subject to change. Tickets may be required for entry, please see the website to purchase a spot in advance!



TROOP GATHERINGS

The Giddy Up Market, 10am-1pm

Local Producer-Market every Monday

Talk of the Town: Because of Horses, 4-5pm

Local author, Nicole Miller, shares her story

Folsom Writer's Group, 1-2:30pm

NEW! First Meeting Introductions. FREE

Sunday Wellness: Transfer Factor

Learn about boosting your immunity with 4Life

Folsom Community Breakfast, 8-10am

Hosted by Jimmy Zamin. 1st Friday

Folsom First Friday—

First Friday! LIVE MUSIC Outside, 6-8pm

October 2nd—Common Interest

November 6th—Chris Talley Band



Interested in putting your troop gathering on the calendar or hosting a private party?

Email giddyupfolsom@gmail.com

Thank you, Louisiana Porsche Club,
for choosing us as your meeting place!

OUR MENU

GIDDY UP FOLSOM

RARING TO GO!

HOT

	12 oz.	16 oz.	20oz.
Coffee	\$2.05	\$2.30	2.60
Hot Tea	\$1.70	----	----
Hot Chocolate	\$2.95	\$3.45	\$3.75
Hot Chai (latte)	\$2.95	\$3.63	\$3.95
Latte	\$3.13	\$3.76	\$3.90
	Single	Double	Triple
Café Au Lait	\$2.50	\$2.75	\$3.00
Espresso	\$1.95	\$2.50	\$2.95
Macchiato	\$1.91	\$2.40	\$2.77
Americano	\$1.77	\$2.36	\$2.81
Cappuccino	\$2.90	\$3.58	\$4.40

Sandwiches

Avocado, Smoked Gouda, Sprouts ...	\$7.00
Chicken Salad on Crossaint	\$7.50
Tomato, Spinach, Basil Panini	\$6.00
Turkey & Swiss Panini	\$6.00
Sausage, Egg, and Cheese Panini	\$6.00
Muffulini	\$7.00
Reubeni	\$7.50



LAGNIAPPE

Espresso Shot	\$1.00
Soy / Almond Milk	0.75
Flavor Shot	\$1.00

COLD

	16 oz.	20oz.
Iced Coffee	\$3.67	\$3.99
Iced Tea	\$3.35	\$2.65
Iced Latte	\$3.99	\$4.17
Iced Chai	\$3.95	\$4.44

FROST BITE

20 oz \$5.35
frozen coffee
choose a flavor!

Smoothies

\$6.49 FIELD OF GREENS
greens, tropical fruit blend, papaya
BERRY BOOST
berry blend, banana
CHOCONUT
chocolate, peanut butter, banana,

almond, amaretto, butterscotch, caramel, chocolate,
cinnamon, coconut, hazelnut, lavender, orange, peanut
butter, peppermint, pumpkin spice, raspberry,
toffee nut, vanilla, white chocolate

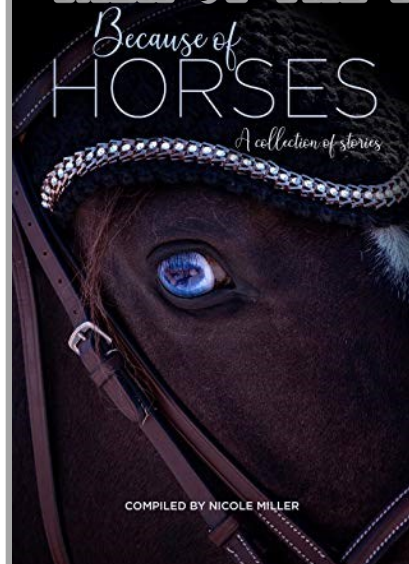
GIDDY UP GAMBIT

Monthly Newsletter: Oct. 2020

P#: 985-260-5060 || 82292 LA-25 Folsom



TALK OF THE TOWN



Local Author, **NICOLE MILLER**, introduces her book **BECAUSE OF HORSES** and answers questions about her experience as a first-time author.

No cost!
THURS. 10/15
4-5PM

Folsom Writers' Group

Saturday, October, 17th

1:00-2:30pm

NEW! This FREE and open-format gathering aims to bring together like-minded individuals seeking to develop and practice their writing.

Facilitated by Jerry & Beth Laiche

Partners in Range FAR HORIZONS

FOLSOM'S FIRST FINE ART GALLERY

Thursday—Sunday, 11am-4pm & by appointment

Located at 82292 Hwy 25, Folsom, LA
email—farhorizonsart@gmail.com



BEE SWEET || Tues — Sun || 1-6PM

Choose from traditional flavors or try special house syrups made from real fruit puree and honey. Ice-cream flavors include chocolate, vanilla, and house favorite honeycomb! Outdoor dining only; Rainy weather may lead to early closure — call 985-260-506 to confirm.

AROUND THE GROUNDS

ELECTRIC VEHICLE CHARGING STATION



New Free Amenity!



GIDDY UP FOLSOM MARKET
MAKERS. GROWERS.
PRODUCERS.

Mondays, 10am-1pm
Live Music 10:30am-12:30



**WHOLESOME
FOLSOM**

**FRIENDS OF
THE LIBRARY**

We need your help! Friends of Folsom Library is a restoration project for one of Folsom's most recognizable buildings. ***Consider donating!***
GoFundMe [gf.me/u/yvygxd](https://www.gofundme.com/u/yvygxd)